

Board Breaking Requirements

Male – Age	Brown Belt	Red & Black Belt
5 and 6	White board	Yellow board
7 and 8	Yellow board	Orange board
9 and 10	Orange board	½ Orange + ½ Green board
11 and 12	½ Orange + ½ Green board	Green board
13 and 14	Green board	Blue board
15	Blue board	Brown board
16 and above	Brown board	Black board

Female – Age	Brown Belt	Red & Black Belt
5 and 6	White board	Yellow board
7 and 8	Yellow board	Orange board
9 and 10	Orange board	½ Orange + ½ Green board
11 and 12	½ Orange + ½ Green board	Green board
13 and 14	Green board	Blue board
15 and above	Blue board	½ Blue + ½ Brown board

Current Rank	Minimum Time in Rank	Form	Min Class	Board Breaking Foot Techniques	Board Breaking Hand Techniques
BROWN	2 Months	HWA-RANG	15	FRONT KICK OR SIDE KICK	1 ANY APPROVED
BROWN SR.	2 Months	HWA-RANG	15	FRONT KICK OR SIDE KICK	1 ANY APPROVED
RED	2 Months	CHOONG-MOO	16	SIDE KICK OR ROUND KICK	1 ANY APPROVED
RED SR.	2 Months	CHOONG-MOO	16	SIDE KICK OR ROUND KICK	1 ANY APPROVED
1 st PROB.	2 Months	GWAN-GAE	16	ROUND KICK / FRONT KICK ROUND KICK / SIDE KICK SIDE KICK / FRONT KICK	NONE
1 st RECOM.	2 Months	GWAN-GAE	16	ROUND KICK / FRONT KICK ROUND KICK / SIDE KICK SIDE KICK / FRONT KICK	1 ANY APPROVED
1 st DECIDED	4 Months	POE-EUN	32	SIDE KICK / SPIN SIDE KICK ROUND KICK/SPIN SIDE KICK	1 STUDENT CHOICE
1 st SENIOR	6 Months	GE-BAEK	48	ROUND KICK / ANY JUMP KICK SIDE KICK / ANY JUMP KICK	1 STUDENT CHOICE
2 nd DEGREE	8 Months	CHOONG-JANG	64	1 SPIN KICK & 1 JUMP KICK	NONE
2 nd DECIDED	8 Months	YOO-SIN	64	1 SPIN KICK & 1 JUMP KICK	1 STUDENT CHOICE
2 nd SENIOR	10 Months	UL-JI	80	1 JUMP SPIN KICK & 1 SPIN KICK	1 STUDENT CHOICE
3 rd DEGREE (13 yrs. old)	12 Months	YONG-GAE	96	1 JUMP SPIN KICK & 1 JUMP KICK	1 STUDENT CHOICE
3 rd DECIDED (15 yrs. old min.)	12 Months	JUCHE	96	1 JUMP SPIN KICK 1 JUMP OR SPIN KICK & 1 BASIC KICK	1 STUDENT CHOICE
3 rd SENIOR (18 yrs. old min.)	12 Months	KO-DANG	96	SAME AS 3 rd DEGREE	2 STUDENT CHOICE
4 th DEGREE (21 yrs. old min.)	2 Years	CHOI-YONG	192	1 360 JUMP SPIN KICK 1 JUMP SPIN KICK 1 SPIN KICK & 1 BASIC KICK	1 STUDENT CHOICE
4 th SENIOR (23 yrs. old min.)	2 Years	TONG-IL	192	1 360 JUMP SPIN KICK 1 JUMP SPIN KICK 1 SPIN KICK & 1 BASIC KICK	2 STUDENT CHOICE
5 th DEGREE (25 yrs. old min.)	5 Years	MOON-MOO	480	1 360 JUMP SPIN KICK 1 JUMP SPIN KICK 1 JUMP KICK 1 SPIN KICK & 1 BASIC KICK	2 STUDENT CHOICE