

TAEKWONDO AMERICA BELT RANK SYSTEM

Current Rank	Minimum Time in Rank	Form	Min. Class	Board Break Foot Technique and/or other testing requirements	Hand Technique	
WHITE	2 Months	KI-BON	10	5 One-Steps (adults) 3 One-Steps (juniors)		
YELLOW	2 Months	DAN-GUN	11	5 One-Steps (adults) 3 One-Steps (juniors)		
ORANGE	2 Months	DO-SAN	12	5 Sparring Comb. (adults) 3 Sparring Comb. (juniors)		
ORANGE SR.	2 Months	DO-SAN	12	5 Sparring Comb. (adults) 3 Sparring Comb. (juniors)		
GREEN	2 Months	WON-HYO	13			
SR. GREEN	2 Months	WON-HYO	13			
PURPLE	2 Months	YUL-GUK	14			
PURPLE SR.	2 Months	YUL-GUK	14			
BLUE	2 Months	JOONG-GUN	14			
SR. BLUE	2 Months	JOONG-GUN	14			
BROWN	2 Months	HWA-RANG	15	FRONT KICK OR SIDE KICK	1 ANY APPROVED	
SR. BROWN	2 Months	HWA-RANG	15	FRONT KICK OR SIDE KICK	1 ANY APPROVED	
RED	2 Months	CHOONG-MOO	16	SIDE KICK OR ROUND KICK	1 ANY APPROVED	
SR. RED	2 Months	CHOONG-MOO	16	SIDE KICK OR ROUND KICK	1 ANY APPROVED	
1 st PROB.	2 Months	GWAN-GAE	16	ROUND KICK / FRONT KICK ROUND KICK / SIDE KICK SIDE KICK / FRONT KICK	NONE	*
1 st RECOM.	2 Months	GWAN-GAE	16	ROUND KICK / FRONT KICK ROUND KICK / SIDE KICK SIDE KICK / FRONT KICK	1 ANY APPROVED	*
1 st DECIDED	4 Months	POE-EUN	32	SIDE KICK / SPIN SIDE KICK ROUND KICK/SPIN SIDE KICK	1 STUDENT CHOICE	*
1 st SENIOR	6 Months	GE-BAEK	48	ROUND KICK / ANY JUMP KICK SIDE KICK / ANY JUMP KICK	1 STUDENT CHOICE	*
2 nd DEGREE	8 Months	CHOONG-JANG	64	1 SPIN KICK & 1 JUMP KICK	NONE	*
2 nd DECIDED	8 Months	YOO-SIN	64	1 SPIN KICK & 1 JUMP KICK	1 STUDENT CHOICE	*
2 nd SENIOR	10 Months	UL-JI	80	1 JUMP SPIN KICK & 1 SPIN KICK	1 STUDENT CHOICE	#
3 rd DEGREE (13 yrs. old)	12 Months	YONG-GAE	96	1 JUMP SPIN KICK & 1 JUMP KICK	1 STUDENT CHOICE	#
3 rd DECIDED (15 yrs. old min.)	12 Months	JUCHE	96	1 JUMP SPIN KICK 1 JUMP OR SPIN KICK & 1 BASIC KICK	1 STUDENT CHOICE	#
3 rd SENIOR (18 yrs. old min.)	12 Months	KO-DANG	96	SAME AS 3 rd DEGREE	2 STUDENT CHOICE	#
4 th DECIDED (21 yrs. old min.)	2 Years	CHOI-YONG	192	1 360 JUMP SPIN KICK 1 JUMP SPIN KICK 1 SPIN KICK & 1 BASIC KICK	1 STUDENT CHOICE	#
4 th SENIOR (23 yrs. old min.)	2 Years	TONG-IL	192	1 360 JUMP SPIN KICK 1 JUMP SPIN KICK 1 SPIN KICK & 1 BASIC KICK	2 STUDENT CHOICE	#
5 th DEGREE (25 yrs. old min.)	5 Years	MOON-MOO	480	1 360 JUMP SPIN KICK 1 JUMP SPIN KICK 1 JUMP KICK 1 SPIN KICK & 1 BASIC KICK	2 STUDENT CHOICE	#

NOTE: Black belts are required to have at least 48 classes in the last six months and 16 within last cycle prior to testing.

* One combination using different legs
One (3) board station for men
One (2) board station for women
(Must use both legs)